

PSYC 3206 PERSONALITY(3 credit hours)

Elmira College

SPRING 2025

Required Text:

Daniel Cervone; Lawrence A. Pervin(2019). *Personality: Theory and Research* (14th ed.). John Wiley & Sons Inc.

Supplemental readings might be included to illustrate or expand on textbook readings.

Pre-requisites: PSYC1040 Foundations of Psychology

Course Description

This course will examine the critical theories and research approaches of personality psychology. The emphasis is placed on the classical and frontier personality theories. It will also review how these theories explain people's difference and individuality, as well as their applications in research and assessment. The course is meant to critically analyze the most important concepts/research in the field of personality psychology.

Course Objectives and Goals

- Understand the major theories of personality psychology.
- Critically analyze the most important concepts/research in the field of personality psychology.
- Apply theories of personality to interpret and predict individual behaviors.
- Understand how personality theories are applied to the assessment of individual differences.
- Demonstrate applications of personality theories to situations of everyday life.

Evaluation of Performance

Your grade will be based upon your performance on exams, assignments, and participation.

Assignments	20%
Essays	30%
Midterm Exam	20%
Final Exam	30%
Total	100%

Grades will be assigned as follows:

A 93% and above	B- 80 - 82%	D+ 67 - 69%
A- 90 - 92%	C+ 77 - 79%	D 63 - 66%
B+ 87 - 89%	C 73 - 76%	D- 60 - 62%
B 83 - 86%	C- 70 - 72%	F 59% or below

Withdrawal Policy: Please see Elmira College Bulletin for information on this policy.

Academic Honesty: Please read the section on Academic Honesty in the [Code of Conduct](#). Briefly, academic dishonesty includes: cheating, fabrication, facilitating academic dishonesty, and plagiarism. Ask if you have any questions on whether something constitutes as academic dishonesty. All work must be original and new. Past assignments from current or other courses will not be accepted. Academic dishonesty will not be tolerated. It will result in zero on the assignment, and a report will be filed with the school. Continued practice will result in failure of the class. Institutional penalties may also apply with repeated acts of academic dishonesty.

Student Responsibility:

- It is your responsibility to keep track of assignments and due dates.
- You should ask questions concerning assignments and lectures, if you need any clarifications.
- If you are struggling in class, have concerns, and/or unsure about expectations, please stop by during office hours or make an appointment for another time.

Tentative Schedule of Topics

<u>Topic</u>	<u>Materials</u>	<u>Tasks & Evaluations</u>
Personality Theory: From Everyday Observations to Systematic Theories	Chapter 1	
Evaluating Personality Theories	Chapter 1	
The Scientific Study of People	Chapter 2	
Personality Theory and Personality Research	Chapter 2	Assignment 1
A Psychodynamic Theory: Freud's Psychoanalytic Theory of Personality	Chapter 3	
Freud's View of the Person and the Science of Personality	Chapter 3	
Freud's Psychoanalytic Theory: Applications, Related Theoretical Conceptions, and Contemporary Research	Chapter 4	
Psychoanalytic Personality Assessment: Projective Tests, Psychopathology	Chapter 4	Essay 1
A Phenomenological Theory: the Personality Theory of Rogers	Chapter 5	
Rogers's View of the Person and the Science of Personality	Chapter 5	
Rogers's Phenomenological Theory: Applications, Related Theoretical Conceptions, and Contemporary Research	Chapter 6	Assignment 2
Trait Theories of Personality: Allport, Eysenck, and Cattell	Chapter 7	
Trait Theory: The Five-Factor Model and Contemporary Developments	Chapter 8	Midterm Exam
Biological Foundations of Personality	Chapter 9	
Genes and Personality; Mood, Emotion and the Brain; Biology as Both and Effect	Chapter 9	

Behaviorism and The Learning Approaches To Personality	Chapter 10	
Behaviorism's View of the Person and the Science of Personality	Chapter 10	
A Cognitive Theory: George a Kelly's Personal Construct Theory of Personality	Chapter 11	
Kelly's View of the Person and the Science of Personality	Chapter 11	Essay 2
Social-Cognitive Theory: Bandura and Mischel	Chapter 12	
Social-Cognitive Theory's View of the Person and the Science of Personality: Structures and Process	Chapter 12	
Social-Cognitive Theory: Applications, Related Theoretical Conceptions	Chapter 13	
Contemporary Developments in Personality Theory: the KAPA Model	Chapter 13	
Personality In Context: Interpersonal Relations, Culture, and Development Across The Course of Life	Chapter 14	Final Exam