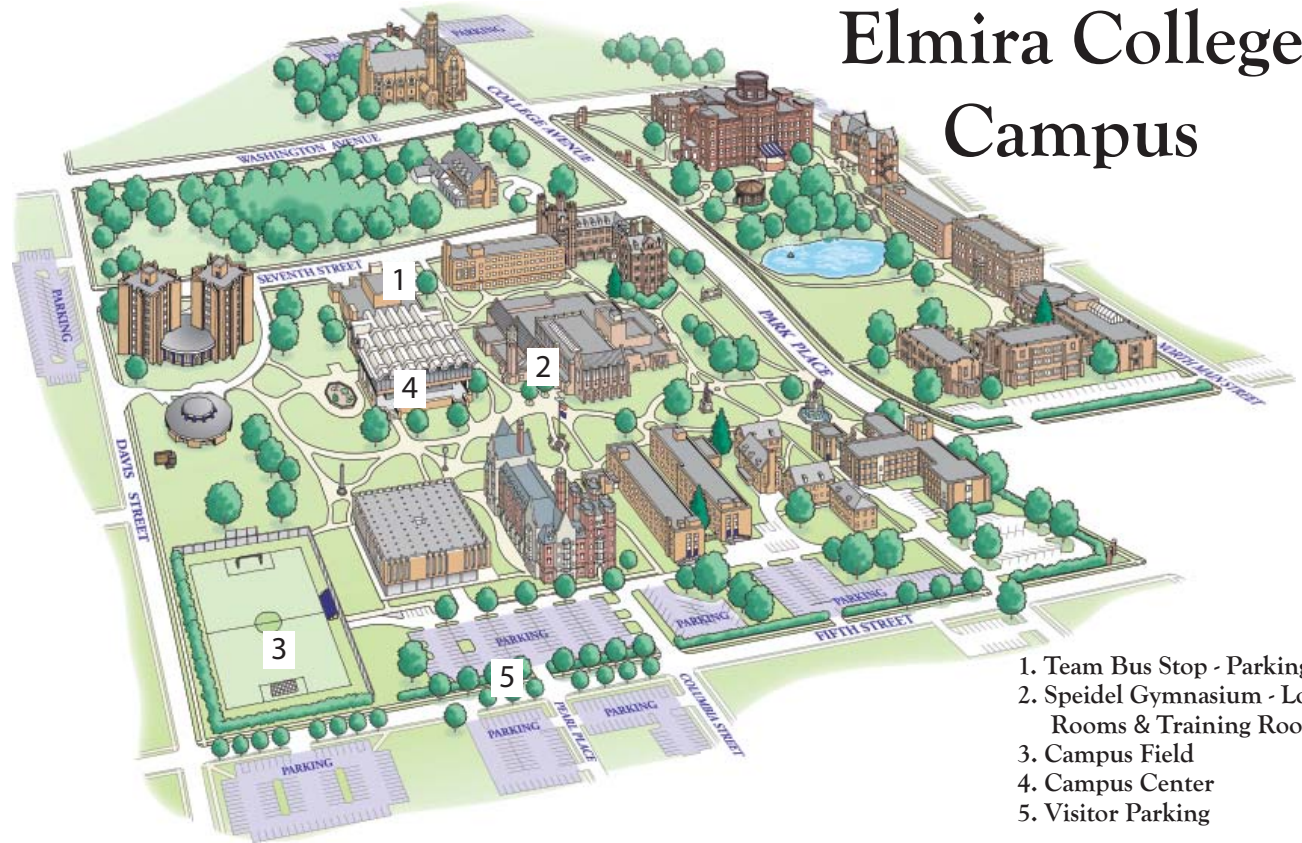


Guide for Visiting Athletics Teams

Elmira College Campus

Lodging area code 607

Best Western - Horseheads Rt. 14 North, 3527 Watkins Rd. Horseheads 739-3891	Country Inn & Suites 105 East Mall Rd. Horseheads 739-9205
Candlewood Suites 198 Colonial Drive Horseheads 873-7676	Hampton Inn 51 Arnot Rd Horseheads 795-3333
Hilton Garden Inn 35 Arnot Road Horseheads 795-1111	Holiday Inn Jct. Rt 14 & Rt 17 Horseheads 739-3681
Radison 125 Denison Parkway Corning 962-5000	Staybridge Suites 201 Townley Ave. Corning 962-7800



1. Team Bus Stop - Parking
2. Speidel Gymnasium - Locker Rooms & Training Room
3. Campus Field
4. Campus Center
5. Visitor Parking

Restaurants area code 607

Fast Food	McDonald's 410 N. Main St. Elmira 733-2303	Friendly's Jct. Rte. 14 & Rte. 17 Horseheads 739-9800	Hickory House Restaurant 3543 Watkins Rd. Horseheads 739-2405	Panera Bread 950 County Road 64 Elmira 796-5051	TGI Fridays 303 N. Main St. Big Flats 739-6724
Burger King 1 Burger King Plaza Elmira 733-9793	Wendy's 830 Consumer Sq. Big Flats 796-0183	Garcia's Mexican Restaurant 2446 Corning Rd # B Elmira Heights 737-7695	Horigan's Tavern 365 Davis St. Elmira 732-6625	Pietro & Son 400 Washington Ave. Elmira 733-4400	Fine Dining
Domino's (carry-out) 939 S. Hulett Ave. Horseheads 796-2211	Casual Dining	Gino's 1905 College Ave. Elmira Heights 733-6161	Manzari's Grill 105 E. Miller St. Elmira 732-9359	Red Lobster 3328 Chambers Road Horseheads 796-5434	Moretti's Restaurant 800 Hatch St. Elmira 734-1535
On-A-Roll Sandwich Shop 8 Hanover Sq. Horseheads 796-2830	Applebee's 877 County Route 64 Elmira 739-1959	Great American Grill Hilton Garden Inn Horseheads 795-1111	Olive Garden 3288 Chambers Rd. Horseheads 796-5228	Ruby Tuesday Arnot Mall Horseheads 796-5269	
Taco Bell 1351 County Route 64 Big Flats 739-0660	Buffalo Wild Wings 1631 County Route 64 Horseheads 739-9464	Green Derby 113 West 2nd St. Elmira 733-1198	Outback 200 Colonial Dr. Horseheads 795-1224	Texas Roadhouse 1750 County Route 64 Horseheads 739-7427	
Domino's (carryout) 205 College Ave. Elmira 732-2203	Five Guys 950 County Route 64 Elmira 215-0771				



Elmira College Campus

(Emerson Hall, Speidel Gymnasium, and Campus Field)

FROM ROUTE 17 (INTERSTATE 86) WESTBOUND

Take Elmira exit, Church Street - Route 352 (Exit 56). Take Church Street to Main Street (Route 14 North). Follow Route 14 North to campus.

FROM ROUTE 17 (INTERSTATE 86) EASTBOUND

Take Exit 52 South. Follow Route 14 South to campus.

FROM ROUTE 14 SOUTHBOUND

Stay on Route 14 through Horseheads to Elmira. Follow Route 14 South to campus.

FROM ROUTE 15 NORTHBOUND

Take Route 17 (Interstate 86) East to Exit 52 South. Follow Route 14 South to campus.

FROM ROUTE 14 NORTHBOUND

Follow Route 14 North directly to campus.

Murray Athletics Center - Horseheads, NY

(Ice Arena, Gymnasium, Tennis Courts, Field Hockey and Practice Fields)

FROM ROUTE 17 (INTERSTATE 86) WESTBOUND

Take Exit 52. Follow Route 14 North approximately 3.5 miles. The Murray Athletic Center is identified by a marquis sign off to the right on Route 14.

FROM ROUTE 17 (INTERSTATE 86) EASTBOUND

Same directions as from Route 17 (Interstate 86) Westbound.

FROM ROUTE 14 SOUTHBOUND

Take Route 14 South through Watkins Glen and Pine Valley. The Murray Athletic Center will be on your left marked by a marquis sign off to the left on Route 14.

FROM ROUTE 15 NORTHBOUND

Take Route 17 (Interstate 86) East to Exit 52. Follow Route 14 North approximately 3.5 miles. The Murray Athletic Center is marked by a marquis sign off to the right on Route 14.

FROM ROUTE 14 NORTHBOUND

Follow Route 14 North through Elmira and Horseheads. The Murray Athletic Center is marked by a marquis sign and is located on the right approximately 3.5 miles past the junction of Route 17 (Interstate 86).

Edridge Park

(Home of EC Softball)

FROM ROUTE 17 (INTERSTATE 86) WESTBOUND

Take Exit 56. Turn right onto the Clemens Center Parkway. Travel approximately 1.5 miles on this road. Turn left onto Woodlawn Avenue at the fourth light. Take the first right and follow drive to field on left.

FROM ROUTE 17 (INTERSTATE 86) EASTBOUND

Take Exit 52 to Route 14 South. Follow Route 14 South (turns into College Ave) approximately four miles. Turn left onto Woodlawn Avenue. Take a left before the first traffic light and follow road to the field on the left.

Sports Medicine Services

An Elmira College athletics trainer will be available and in attendance at all home athletics contests. Additionally, a physician and ambulance will be available at all home varsity ice hockey contests. In the case of an emergency, when a trainer is not present, please utilize Erway Ambulance (listed below) and either local hospital for any injury or illness that may occur. Sports medicine facilities are available in the following locations:

Emerson Hall Speidel Gymnasium: (607) 735-1744

Clarke Health Center: (607) 735-1752

Murray Athletic Center: (607) 739-8786

Please provide your own supplies.



Elmira Country Club

(Home of EC Golf)

FROM ROUTE 17 (INTERSTATE 86) WESTBOUND

Take Exit 56 (Route 352). Continue on Route 352 through town approximately two miles. Elmira Country Club entrance is marked by a red sign. Turn right onto Country Club drive and follow to course.

FROM ROUTE 17 (INTERSTATE 86) EASTBOUND

Take Exit 48 (Route 352 South). Follow Route 352 South approximately eight miles. After Route 352 splits, watch for Country Club Drive on your left a few blocks down. Turn left onto Country Club Drive and follow to course.

Important Contact Information

607 Area Code

Website: www.elmira.edu

E-mail address: ecathletics@elmira.edu

Fax: 735-1717

Department of Athletics:	735-1730
Sports Medicine:	735-1752
Clarke Health Center:	735-1750
Sports Information:	735-1976; 735-1746
Campus Security:	735-1777
Murray Athletic Center:	739-8786; 739-8787
Arnot Ogden Medical Center:	737-4100
600 Roe Avenue, Elmira	
St. Joseph's Hospital:	733-6541
555 East Market Street, Elmira	
Erway Ambulance	734-9141
Empire 8 Website: www.empire8.com	
ECAC Website: www.ecac.org	