

2004 SEASON OUTLOOK

After three consecutive years of earning post-season berths, the Purple and Gold's expectations are soaring. In 2003, EC secured yet another berth in the prestigious New York State Women's Collegiate Athletic Association (NYSWCAA) tournament, a 9-10 overall record, and a 2-2 mark in the competitive Empire 8 Conference. Four of the seven All-Empire 8 selections from 2003 are back for the Soaring Eagles, and Head Coach **Bernadette Macca MS '99**, the Empire 8 Co-Coach of the Year in 2003, and Coach of the Year in 2002, anticipates her squad being right back in the post-season again this year. In her previous three seasons with Elmira College, she has led the women's field hockey program to a 29-27 record.

Callie Black '05 is back for her final season with the Purple and Gold. **Black** is the College's all-time leader in career goals (26) and career points (62) after leading the team with 11 goals and five assists for 27 points in 2003. She was named to the Empire 8 First Team for the second straight season. **Black** was also selected to the SFX - National Field Hockey Coaches Association (NFHCA) North Atlantic Region Second Team and NYSWCAA Third Team. **Black** will be joined at forward by **Nicole Rotolo '06**, and **Jen Iacono '07**. In 2003, **Rotolo** contributed heavily to EC's success as she earned Empire 8 Honorable Mention accolades and finished as the team's second leading scorer with eight goals and three assists for 19 points. **Iacono** contributed four goals and three assists for 11 points a year ago.

In the midfield, 2003 Empire 8 Rookie of the Year, **Riana Bovill '07** returns, as well as, **Sarah Dake '06**. **Bovill** was also named to the Empire 8 Second Team after her debut season in which she tallied five goals for the Purple and Gold. **Dake** recorded three assists a year ago, and will be looked upon for additional output in 2004.

The Soaring Eagle defense will be led by **Morgan Gaydos '05** and **Lindsey Seedorf '06**. **Gaydos**, one of five players in their final year with EC, started 14 games last season and will be called upon for steady play this fall. **Seedorf** was named to the Empire 8 First Team after her second season that saw her start all 19 games in the back while chipping in offensively with 3 goals and two assists.

The goalkeeper position will be a key position for the women's field hockey team after the graduation of **Megan Mooney '04**. **Mooney** was a First Team All-Empire 8 player last year, and finished her career with every major single-season and career field goalkeeping record at Elmira College. **Kindra Catalano '05**, **Ann Phillips '07**, and **Cindy Robinson '08** will all be vying for the starting position. Both **Catalano** and **Phillips** saw limited action in 2003 and **Robinson** is a newcomer to EC. However, all three have the necessary tools to get the job done.

Coach **Macca** is looking for major contributions this season from newcomers **Chelsea Seedorf '08** and **Shannon Desgrosiellier '08**. **Seedorf** could see minutes in the midfield, while **Desgrosiellier** could make the defensive unit stronger. The Soaring Eagles' season begins on September 1st with an away game at Ithaca College. EC faces a strong schedule in 2004 as over half of the Purple and Gold's foes saw post-season action in 2003.

2004 SCHEDULE

DAY-DATE	OPPONENT	SITE	TIME
Wed., Sept. 1	*Ithaca	A	4 p.m.
Thu., Sept. 9	SUNY Oneonta	A	4 p.m.
Sat., Sept. 11	William Paterson#	A	3 p.m.
Sun., Sept. 12	Vassar#	A	TBA
Tue., Sept. 14	SUNY Geneseo	H	4 p.m.
Tue., Sept. 21	Rochester	H	4 p.m.
Tue., Sept. 28	*Hartwick	H	4 p.m.
Sat., Oct. 2 *	Utica	A	1 p.m.
Thu., Oct. 7	York	A	4:30 p.m.
Sun., Oct. 10	Manhattanville	H	1 p.m.
Tue., Oct. 12	SUNY Brockport	A	4 p.m.
Fri., Oct. 15	Union	A	4 p.m.
Sat., Oct. 16	Salve Regina	A	TBA
Wed., Oct. 20	SUNY Oswego	H	4 p.m.
Sat., Oct. 23	*Nazareth	A	2 p.m.
Sun., Oct. 24	SUNY New Paltz	H	2 p.m.

*Denotes Empire 8 Conference Game
Home Games are in Bold and Italics
Home games will be played at the Murray Athletic Center

2004 ROSTER

No.	Name/Class	Pos.	Hometown
0	Kindra Catalano '05	G	Cortland, NY
2	Mandy Spear '05	F	Greene, NY
4	Colleen Mazzye '06	M	Clay,
5	Jen Iacono '07	F	Sanford, ME
7	Chelsea Seedorf '08	M	Bear, DE
8	Lindsey Seedorf '06	D	Bear, DE
9	Riana Bovill '07	F	Springfield, VA
10	Jackie Thomas '07	F/M	Windsor, NY
11	Jessica Zegarelli '07	D	Clinton, NY
12	Nicole Rotolo '06	F	Rome, NY
13	Morgan Gaydos '05	D	West Berlin, VT
14	Lindsay Baker '07	M	Wallingford, CT
15	Mallory San Jule '06	F	Cortland, NY
16	Brianne Walsh '08	D	Rochester, NY
20	Bridgette Stephan '08	M	Little Falls, NJ
21	Sarah Dake '06	M	Walton, NY
22	Shannon Desgrosiellier '08	D	New York Mills, NY
24	Erika Graver '05	F	Germantown, NY
25	Callie Black '05	F	Sanford, ME
33	Amanda Hadgaft '08	F	Sandy Hook, CT
42	Ann Phillips '07	G	Lancaster, NY
99	Cindy Robinson '08	G	Lexington, MA

2003 SOARING EAGLES



Front Row (L to R): Amanda Spear '05, Sarah Dake '06, Callie Black '05, Kristen Schaefer '04 (Captain), Sarah Vogel '04 (Captain), Laura Miga '04, Lindsey Seedorf '06, Lindsay Baker '07

Middle Row: Colleen Carroll '07, Jami Underwood '04, Nicole Rotolo '06, Kenleigh Nicoletta '04, Jessica Zegarelli '07, Morgan Gaydos '05, Stacy Collins '07, Riana Bovill '07, Mallory San Jule '06

Back Row: Jackie Thomas '07, Colleen Mazzye '06, Assistant Coach Azure Davey, Kinda Catalano '05, Megan Mooney '04, Ann Phillips '07, Head Coach Bern Macca MS '99, Erika Graver '05, Jen Iacono '07

THIS IS ELMIRA COLLEGE

Elmira College is a four-year, private, co-educational, liberal arts college with an undergraduate enrollment of 1,200. The College is located in the Finger Lakes Region of Upstate New York. The average class size is 16, with a student to faculty ratio of 12:1.

The College offers over thirty-five academic majors, including: education, business, psychology, biology, nursing, pre-medicine, pre-law, along with numerous study abroad and internship programs.

The College sponsors ten varsity women's teams in soccer, field hockey, volleyball, tennis, golf, basketball, cheerleading, ice hockey, lacrosse and softball.

Men's varsity teams compete in soccer, golf, basketball, ice hockey, tennis and lacrosse.

Complementing the varsity sport offerings, are ten opportunities to participate in junior varsity sports.

RECRUIT INFORMATION

Location:
One Park Place
Elmira, New York 14901
(607) 735-1800

Founded:
1855

Enrollment:
1,200

Colors:
Purple and Gold

Affiliation:
NCAA (Div. III), ECAC, NYSWCAA,
Empire 8

Head Coach:
Bern Macca, (607) 735-1858
bmacca@elmira.edu

Assistant Coach:
Rachel Dell, (607) 735-1809
rdell@elmira.edu

President:
Dr. Thomas K. Meier
Vice President of Athletics and Health Services:
Pat Thompson '75, MS '88, 735-1730

Sports Medicine Office:
Dave Tomkalski, ATC, 735-1752

Website:
www.elmira.edu

E-Mail Address:
ecathletics@elmira.edu

Elmira College Admissions:
(607) 735-1724

Athletics Phone:
(607) 735-1730

Athletics Fax:
(607) 735-1717, (607) 735-1768



ELMIRA COLLEGE



2004-2005

FIELD HOCKEY

MEET THE COACHES

Head Coach Bern Macca



Bernadette Macca, MS '99 enters her fourth year at Elmira College as the Head Field Hockey Coach. Last season, she led the Soaring Eagles to their third straight post-season appearance as they advanced to the New York State Women's Collegiate Athletic Association (NYSWCAA) tournament. The team finished the season with an overall record of 9-10 and **Macca** was named the Empire 8 Co-Coach of

the Year. **Macca** also earned Empire 8 Coach of the Year honors in 2002.

A native of Southington, Connecticut, **Macca** began her coaching career at Bloomsburg University in 1995, where she served as the interim Head Women's Lacrosse Coach. In 1996, **Macca** served as Bloomsburg's Assistant Women's Lacrosse Coach the following season. She joined the Elmira College coaching staff in 1997 as the Assistant Women's Basketball Coach. **Macca** participated in the Graduate Assistant program, earning a master's degree from EC in 1999. From 1999-2001, she was the Assistant Field Hockey and Head Softball Coach at Wells College.

Macca is a 1995 Connecticut College graduate, where she was a standout basketball and lacrosse player. On the basketball court, she was an All-New England Small Colleges Athletic Conference (NESCAC) selection and scored over 1,000 points. In lacrosse, she was a Regional All-American as a senior goaltender.

Macca is very active in local, state, and regional field hockey committees. In 2003-04, she served as Secretary of the NYSWCAA and was a committee member of the Eastern Collegiate Athletic Conference Atlantic Region and NFHCA Regional All-American Committee in the Northeast Region. She is currently the Vice President of the NYSWCAA.

Assistant Coach Rachel Dell



Rachel Dell enters her first year as Assistant Field Hockey and Assistant Women's Lacrosse Coach at Elmira College.

Dell was a four-year varsity lacrosse player for Division I St. Bonaventure. While with the Bonnies, **Dell** played her first three seasons as an attacker and made the transition to goalkeeper in her senior season. From 2001-2003, **Dell** served as the sole St. Bonaventure representative to the

NCAA Atlantic-10 Student-Athlete Advisory Committee. She graduated in 2003 with a double major in French and English.

Last year, **Dell** coached the Corning-Painted Post Junior Varsity Lacrosse Team, leading them to a 13-1 record.

Dell also coached at numerous collegiate camps and clinics throughout the region.

2004 THIRD AND FOURTH YEAR PLAYER



CAPTAIN

#25 Callie Black '05
Forward
Sanford, ME ~ Sanford

2003-04 Season: Finished a phenomenal third season, appearing in and starting all 19 games.

Leading the squad with 11 goals and 5 assists for 27 points, including 4 game-winning goals.. She earned Empire 8 First Team honors for the second straight season, and was also selected to the SFX-National Field Hockey Coaches Association (NFHCA) North Atlantic Region Second Team and NYSWCAA Third Team. **Secondary School:** Named Sanford's Offensive MVP in 2000 ... Earned All-Conference honors and was named to the All-Academic Team in her final season. **Personal:** Callie is a Presidential Scholar and an Education-History major.



CAPTAIN

#0 Kindra Catalano '05
Goalkeeper
Cortland, NY ~ Homer

2003-04 Season: Earned the EC Coach's Award. Played in 2 games resulting in a save-percentage

of .833. **Secondary School:** Earned First Team All-Conference honors twice ... Named team MVP in 2000 ... Also played volleyball and lacrosse at Homer. **Personal:** Kindra is a Presidential Scholar and a



CAPTAIN

#8 Lindsey Seedorf '06
Defense
Bear, DE ~ Caravel Academy

2003-04 Season: Played in all 19 games for the Purple and Gold starting in 17. Earned Empire 8

First Team honors while contributing 3 goals and 2 assists on the year. She also lead the team in shot-percentage in her third season. **Personal:** Lindsey is a Presidential Scholar and a Nursing major.



#13 Morgan Gaydos '05
Defense
West Berlin, VT ~ Union 32

2003-04 Season: Appeared in 17 games, starting 14. Received the Houghton Tournament All-Star Award.in 2004. **Secondary School:** Named to the

Times-Argus All-Star Team in 2000 ... Earned All-Conference honors in her final season at Union 32 ... Also played lacrosse. **Personal:** Morgan is a Presidential Scholar and an Art-Psychology



#24 Erika Graver '05
Forward
Germantown, NY ~ Germantown

2003-04 Season: Appearing in 6 games, contributing a goal and earning 2 points on the season.

Secondary School: Led Germantown to the 2000

Patron League Championship ... Earned All-Patron League honors ... Named Germantown MVP in 2000. **Personal:** Erika is a Salutatorian Scholar and Pre-Med major..



#2 Amanda Spear '05
Forward
Greene, NY ~ Greene

2003-04 Season: Appeared in 15 games, finishing the season with a shots-on-goal average of 0.500.

Secondary School: Earned Most Improved Player

honors at Greene in 2000. **Personal:** Amanda is a Mark Twain Scholar and Speech and Hearing major.



#21 Sarah Dake '06
Midfield
Walton, NY ~ Walton

2003-04 Season: Played in all 19 games, and was ranked second on the team in assists. **Secondary**

School: Named MVP Senior Year. Earned Academic Honors award. and Varsity Club honor award. **Personal:** Sarah is a Presidential Scholar and an Elementary Education major with a concentration in History .



#4 Colleen Mazzye '06
Midfield
Clay, NY ~ Cicero-North Syracuse

2003-04 Season: Played in 15 games. **Secondary**

School: Earned an honorable mention award and was the Most Offensive Player of the Year recipient. **Personal:** Colleen is an Iris Leadership award recipient and a Business Administration major with a specialization in Marketing.



#12 Nicole Rotolo '06
Forward
Rome, NY ~ Rome Free Academy

2003-04 Season: Finished a remarkable second season ranking second on the team for goals with

8 and points with 28. Recorded 2 game-winning-goals against Frostburg State and SUNY New Paltz. **Secondary School:** Earned the MVP Offense award as well as being an Honor Roll student. **Personal:** Nicole is a Speech and Hearing



#15 Mallory San Jule '06
Forward
Cortland, NY ~ Cortland

2003-04 Season: Appeared in 3 games.. **Personal:** Mallory is an Education major

2004 FIRST AND SECOND-YEAR PLAYERS



#14 Lindsey Baker '07



9 Riana Bovill '07



#5 Jen Iacono '07



42 Ann Phillips '07



#10 Jackie Thomas '07



Jessica Zegarelli '07



#22 Shannon Desgrosiellier '08



#33 Amanda Hadgatt



#99 Cindy Robinson '08



#7 Chelsea Seedorf '08



#20 Bridgette Stephan '08



#16 Brianne Walsh '08